

What is Domestic Abuse?

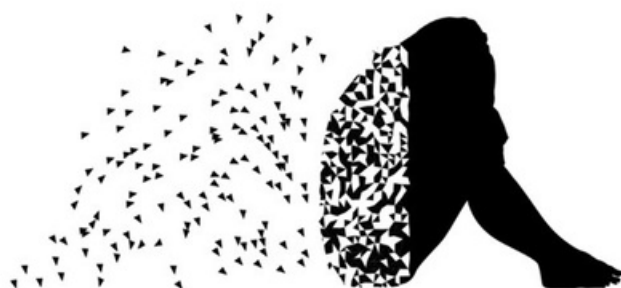
We define domestic abuse as an incident or pattern of incidents of controlling, coercive, threatening, degrading or violent behaviour, including sexual violence, by a partner, ex-partner, a family member or carer.

It is very common. In the majority of cases, it is experienced by women and is perpetrated by men.



If you feel you are experiencing Domestic Abuse, please phone our 24hr helpline:

1800 767 767



Domestic abuse can include, but is not limited to:

- **Coercive control**
- **Psychological and/or emotional abuse**
- **Physical or sexual abuse**
- **Financial or economic abuse**
- **Harassment and stalking**
- **Online or digital abuse**



Aoibhneas
Domestic Abuse Support
for Women and Children
Safety. Recovery. Freedom.