## How Can I volunteer?





At Aoibhneas we operate a volunteer programme that supports us in our mission to promote safety, recovery and healing recovery for women and children living with Domestic Abuse.

All our volunteers join a professional multidisciplinary team that supports a wide-ranging delivery of specialist interventions to women and child victims and survivors of domestic abuse.

We promote volunteer engagement and visibility in the following areas:

- Court Preparation and Accompaniment Service
- Helpline
- Holistic and Therapeutic Interventions
- Social Media
- Practical supports —
  food hampers, clothes
  packing and gift wrapping to assist donations to families in need.



For more information on how to volunteer with us, please contact our administration team by:

Email: admin@aoibhneas.org

Phone: 01 867 0805